

Mantras



When we chant mantras out loud or in our mind with pure intentions 108 times, it is believed that these mantras are more powerful in making our manifestations come true. According to Vedic cosmology, 108 is the basis of creation, that represents the universe and all our existence. It is believed that outer cosmology should mirror our inner spirituality because our ultimate realization is that we are one in the same.

Gayatri Mantra

It is believed if one chants Gayatri Mantra daily, it helps one in spiritual growth, DNA activation & enlightenment. This mantra can be great in helping one in a transformation process and achieving success. This mantra is associated with Ajna Chakra.

Om Bhur Bhuvah Svah
Tat Savitar Varenyam
Bhargo Devaysa Dhimahi
Dhiyo Yo Na Prachodaya

Mahamrityunjaya Mantra

This mantra can be chanted to help one in overcoming our fears, including our fear of death. This mantra is associated with awakening the pranas, life force. It is a mantra used for healing. This also assists in DNA activation, and is associated with activating our Manipura Chakra.

Om Tryambakam Yajamahe Sugandhim Pushti Vardhanam
Urvarukamiva Bandhanan Mrityor Mukshiya Maamritat

Ganesha Mantra

Chanting this mantra also helps in activating DNA. This mantra helps in better blood circulation and improved metabolic rate in the body.

Om Gan Ganapataye Namoh Namah
Shree Siddhi Vinayak Namoh Namah
Ashtavinayak Namoh Namah
Ganapati Bappa Moraya

